

```
! SolidShell-Element SOLSH190
```

```
fini
```

```
/cle
```

```
/prep7
```

```
et,1,190
```

```
n,1, 0, 0, 0.5
```

```
n,2,50, 0, 0.5
```

```
n,3,50,20, 0.5
```

```
n,4, 0,20, 0.5
```

```
n,5, 0, 0,-0.5
```

```
n,6,50, 0,-0.5
```

```
n,7,50,20,-0.5
```

```
n,8, 0,20,-0.5
```

```
e,1,2,3,4,5,6,7,8
```

```
mp,ex,1,210000
```

```
mp,nuxy,1,0.3
```

```
d,all,all
```

```
/debug,1,0,1
```

```
/out,solsh190,out
```

```
/solu
```

```
solve
```

```
/out,term
```